

Christmas in July

Social distancing and isolation during the coronavirus pandemic has created heightened concern for many, especially older adults who may live alone.

Please help by making a financial donation at seniorservicesinc.org or donate any of the following items to be distributed to older adults in need.

HEALTH AND HYGIENE

- Anti-bacterial liquid soap
- Adult wipes/towelettes
- Disposable underpads
- Women's incontinence pads
- Incontinence guards for men
- Men's and women's deodorant
- Small bottles of mouth wash (20 oz. or less)
- Dry shampoo
- Chap stick
- Body powder
- Body lotion and baby oil
- Body wash for men and women
- Denture adhesive and cleaner
- Facial moisturizer
- Epson salt

HOUSEHOLD HELPS

- Paper towels
- Toilet paper
- Laundry detergent
- Dish Detergent
- Kitchen towels and dish cloths

FOOD

- Boost or Ensure (plain, vanilla or chocolate)
- Small canned hams
- Canned meat chicken, tuna, salmon, Vienna sausage
- Crackers/cheese crackers
- Canned fruit
- Peanut butter/peanut butter crackers
- Cereal
- Cranberry juice (plastic bottle)

- Macaroni and cheese
- Grape jelly (plastic bottle)
- Canned beef stew
- Single-serving fruit cups/applesauce
- Soup (vegetable/ chicken noodle)
- Canned vegetables (peas, green beans, spinach, potatoes)
- Canned ravioli

OTHER

- Acrylic or watercolor paint
- Gift cards (pharmacy or grocery store)
- Colored dry erase markers and sharpies
- Mini hot glue sticks
- Activity trivia book for dementia



THANK YOU FOR YOUR HELP!

Contributions and donations can be made at any Forsyth County office of Piedmont Federal Savings Bank or to Senior Services at 2895 Shorefair Drive. For more information, call 336-725-0907.

SENIOR  SERVICES

Piedmont
FEDERAL