



SENIOR SERVICES

Meals-on-Wheels

Meals-on-Wheels Coronavirus Guidance for March 18, 2020



Dear Meals-on-Wheels Volunteer,

Please know we are doing our best to keep you and each meal recipient we serve safe. We are looking for safe and creative ways to serve and meet the needs of some of our community's most vulnerable older adults - while limiting social contact and keeping the Coronavirus from spreading.

In addition to the measures we've already put in place, we've learned that a common practice in Meals on Wheels programs across the nation during these unprecedented times is to leave the meal at the door for the recipients – without making person-to-person contact or entering the home. **Please note: this is acceptable only if you are able to make contact with the meal recipient or someone in the home to ensure they are there and know the meal is outside. This can be done by making eye contact through a window, speaking to the recipient through the door, or calling them to let them know you've left the meal and confirming they are there to receive it.**

To help in this effort, we are working to obtain plastic grocery bags so you can leave the meal, juice, milk or other sides in it. We suggest hanging the meal on the door knob or placing on a chair where possible. A note is being sent to the recipients so they will be aware of this process, too. If you have plastic grocery bags that you can bring with you and use for delivery this would be very helpful. We serve 908 hot meals each day and have 251 folks on our frozen meal program. We are working on the logistics of getting frozen meals to as many as we can, in the event we have to stop delivery.

Also, please remember to use hand sanitizer between deliveries if you can.

Thanks for your continued support during this health crises. We will keep you updated as things continue to change and evolve.

~The Meals-on-Wheels Staff