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Elizabeth & Tab Williams Adult Day Center

Daily Schedule
 7-10 am ... Arrival & Breakfast
 9-10 am.....Opening Activities
 10-11:30 am...Morning Activities
 11:30-1pm.....Lunch
 1:00-1:30 pm...Walk & Exercise
 1:30-2:30 pm...Afternoon Program
 2:30 pm.....Afternoon Snack
 3-4 pm.....Trans-Aid Departs
 4-6 pmExtended Hours

LABOR DAY



September 2019



Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Closed For Labor Day</p>	<p>3 Rosemary Chicken Gospel Time Fun Facts of Labor Day w/ Kevin Kevin on the Keys ABC's of the Working Man w/ Cynthia Guess the song w/ Taylor Pet Therapy w/ Missy Mae Chair Art w/ Kathy</p>	<p>4 Roasted Pork Music w/ The Gaithers Crazy Street Names w/ Cylaria Pet therapy w/ Sadie Piano w/ Bill Walk to Autumn Habla Espanol? Triple Threat: Senior Line Dancers Card Bingo Afternoon Matinee</p>	<p>5 Salisbury Steak w/ Gravy Football Jersey Day Kindermusik Men's Group For Ladies Only! Kevin on the Keys Carolina's Own Mad Hatter!! Painting Techniques w/ Kathy</p>	<p>6 Chicken Salad Weekend Outlook Coffee Break w/ God Keeping Fit w/ Catherine Pet therapy w/ Cookie Walk to Autumn "Songs about Trains" w/ Debbie Weekend Matinee Picture Puzzles Kickball </p>
<p>9 Pork BBQ Sandwich Weekend Review Bro. Verlie: Fields White to Harvest Awesome Facts Walk to Autumn Bark Point Ramblers  Bake Sale Craft Shake it Up!!</p>	<p>10 Lemon Butter Chicken Gospel Time Sign Language w/ Susie Kevin's Wall Art Kevin on the Keys Tales & Music w/ Terry Fun & Fitness w/ Ashlyn Pet Therapy w/ Missy Mae Picture Puzzles</p>	<p>11 Baked Ham Music w/ The Gaithers Carol & Friends Piano w/ Bill Walk to Autumn Music w/ Bob & Sandy Pastor Maurice visits 10 Objects w/ Taylor Kickball Wheel of Fortune</p>	<p>12 Meatloaf w/ Sauce Kindermusik In the kitchen Bible Study w/ Jerry @11:00am Kevin on the Keys Ring-a-lings w/ Jorie Chair Art w/ Kathy Crafting w/ Ashlyn Card Bingo</p>	<p>13 Rosemary Chicken Weekend Outlook Coffee Break w/ God Keeping Fit w/ Cylaria Pet therapy w/ Cookie Walk to Autumn Musical Anniversaries w/ Debbie September in Paris w/ Cynthia Weekend Matinee </p>
<p>16 BBQ Chicken Adult Day Service Week Weekend Review Bro. Verlie: Fields White to Harvest Wii Bowling Walk to Autumn My Heart Sings w/ Sue @ 1:30 Weightlifting Wheel of Fortune</p>	<p>17 Baked Mac & Cheese Adult Day Service Week Gospel Time Hymns w/ Steve Tucker BCBS Visits Kevin on the Keys Stretch your Brain w/ Taylor Pet Therapy w/ Missy Mae Fair Weather at the County Fair w/ Kathy</p>	<p>18 Salisbury Steak Adult Day Service Week Music w/ The Gaithers Karaoke w/ Ray Lloyd Pet therapy w/ Sadie Piano w/ Bill Walk to Autumn  w/ Hampton Inn - Hanes Mall Spelling Bee w/ Paige Kickball</p>	<p>19 Chicken & Rice Adult Day Service Week Kindermusik Ring-a-lings w/ Jorie Wii Bowling Kevin on the Keys Volunteer Recognition w/ Mayor Joines 1pm Animal Interpretations w/ Linda Spending Time w/ Sara</p>	<p>20 Tuna Salad Adult Day Service Week Weekend Outlook Coffee Break w/ God Keeping Fit w/ Catherine Pet therapy w/ Cookie Trivia Walk to Autumn The Elmer Dunn Band Lonnie & his guitar</p>
<p>23 Baked Spaghetti Weekend Review Bro. Verlie: Fields White to Harvest Autumn Trivia Walk to Autumn History of Winston Salem w/ Sylvia Fantastic Fall w/ Ashlyn Shake it Up!! </p>	<p>24 Baked Ham Gospel Time Music w/ Willie & Judy Kevin on the Keys Tales & Music w/ Terry Hot Potato Questionnaire w/ Taylor Pet Therapy w/ Missy Mae Trivia</p>	<p>25 Chopped Sirloin ESR Visits Music w/ The Gaithers Wayne & Freddie Piano w/ Bill Walk to Autumn Birthdays w/ Bob & Sandy Fun & Fitness w/ Ashlyn Puzzletime Wheel of Fortune w/ Paige</p>	<p>26 BBQ Chicken Kindermusik Music w/ Vince & Nancy In the Kitchen w/ Kenny Uno Kevin on the Keys 35 Ways to a Happy Life w/ Cynthia  World Gratitude Day w/ Kathy Corn hole</p>	<p>27 Stroganoff w/ Noodles Bake Sale for a Cure Weekend Outlook Coffee Break w/ God Keeping Fit w/ Cylaria Semmax Volunteers @ 11am Walk to Autumn Will you be my friend? Recipe for Friendship/ Ashlyn Good Neighbor Day w/ Cynthia</p>
<p>30 BBQ Pork Sandwich Bake Sale for a Cure Weekend Review Bro. Verlie: Fields White to Harvest Auction Wreath Walk to Autumn Let's Cruise Around w/ Cylaria Fun & Fitness w/ Ashlyn</p>	<p>Dates to remember: 9/5 Panthers' Mad hatter visits! Wear your favorite jersey! 9/16-20 Adult day service week 9/30 Bake sale for a cure begins</p>	<p>September Loretta.....9/04 Mary K.....9/10 Dan M.....9/10 Ola Mae.....9/12 Don R.....9/13 Katherine M.9/14 Marie B.....9/17 Margie.....9/17</p>	<p>Birthdays Randall.....9/17 Christine.....9/17 Nora J.....9/17 Carol S.....9/21 Betty D.....9/25</p> 	<p>Welcome Back Students of all ages!!!</p> 