

# Remember in December

Please help by donating any of these items for seniors in need, or by making a financial donation at [www.seniorservicesinc.org](http://www.seniorservicesinc.org).



## HYGIENE AND HEALTH

- Adult Pull-ups/Poise Pads
- Body Soap
- Hand Soap
- Shampoo
- Lotion
- Razors
- Shaving Cream
- Deodorant
- Mouthwash
- Toothpaste
- Denture Cleanser
- Adult Washcloth Moist Disposable Wipes
- Blue Pads/Chux (disposable)
- Washable Bed Pads
- Desitin/Barrier Cream

## FOOD

- Ensure or Boost
- Fruit Cups/Pudding Cups (regular or sugar-free)
- Cereal Bars

## HOUSEHOLD HELPS

- Laundry Detergent
- Paper Towels/Toilet Paper
- Dishwashing Liquid
- Cleaning Supplies
- Kleenex
- Trash bags

## OTHER

- GIFT CARDS in any amount (grocery, pharmacy, discount, or department store)
- Cash Donations

Contributions and donations can be made at any Forsyth County office of Piedmont Federal Savings Bank (**LOOK FOR THE BIG RED BOX**) or to Senior Services at 2895 Shorefair Drive. For more information call 336-725-0907. Thank you!