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# Elizabeth & Tab Williams Adult Day Center



May 2019

Daily Schedule  
 7-10 am....Arrival & Breakfast  
 9-10 ... Opening Activities  
 10-11:30...Morning Program  
 11:30-1pm....Lunch  
 1:30-2:30 Afternoon Program  
 2:30... Afternoon Snack  
 3-4 pm Trans-Aid Departs  
 4-6 pm Extended Activities



Mon	Tue	Wed	Thu	Fri
<p><b>May Birthdays</b>            Artanzia 5/15            Helen S.....5/19            Hugh M.....5/19            Lowell C.....5/22            Fred J.....5/25            Doug J.....5/29            Jerry S.....5/30            Felcia .....5/31</p>		<p>1 Roasted Pork            Music w/ the Gaithers  <b>What's in a Name?</b>            Uno            Wii Bowling            Walk for Freedom  <b>Drumming w/ John</b>  <b>Triple Threat: Senior Line Dancers</b>            Magical Movement</p>	<p>2 Salisbury Steak w/ Gravy            Kindermusik  <b>Wrap the Maypole</b>            Puzzletime            Kevin on the Keys  <b>Picking the Winner</b>            Music &amp; Memory            Sun catchers</p>	<p>3 Chicken Salad            Weekend Outlook            Coffee Break w/ God  <b>Tai Chi w/ Catherine</b>            Walk for Freedom  <b>Are you Smarter than a 5th Grader?</b>  <b>Everything is Up!!!</b>            w/ Cylaria            Afternoon Matinee            Puzzletime</p>
<p>6 Pork BBQ Sandwich            Weekend Update  <b>Bro. Verlie: Fields White to Harvest</b>            Trivia            Walk for Freedom  <b>Bark Point Ramblers</b>            Shake it Up            Kickball</p>	<p>7 Lemon Butter Chicken            Gospel Good News  <b>Men at Work</b>            Mother's Day Craft            Kevin on the Keys  <b>Mother's Day w/ Mary</b>            Mother, May I?            Wheel of Fortune</p>	<p>8 Baked Ham            Music w/ the Gaithers  <b>Carol &amp; Friends</b>            Adult Coloring            Walk for Freedom  <b>Music w/ Bob &amp; Sandy</b>            Pastor Maurice Visits  <b>May Memories</b>            Mother's Day Craft            Kickball</p>	<p>9 Meatloaf w/ Tomato Sauce            Kindermusik  <b>Outburst w/ Kevin</b>            Mother's Day Craft            Kevin on the Keys  <b>Ring-A-Lings w/ Jorie</b>            May Whatzits            Puzzletime</p>	<p>10 Rosemary Chicken            Weekend Outlook            Coffee Break w/ God  <b>Tai Chi w/ Catherine</b>            Pet Therapy w/ Bella  <b>Walk for Freedom</b>            The Music of Burt Bacharach  <b>Mother's Day Craft</b>            Afternoon Matinee            Wheel of Fortune</p>
<p>13 BBQ Chicken            Weekend Update  <b>Bro. Verlie: Fields White to Harvest</b>            Trivia            Walk for Freedom  <b>Sweet Songs w/ Sue Tillman</b>            Skip-Bo            Weightlifting</p>	<p>14 Baked Mac &amp; Cheese            Gospel Good News  <b>Clear the Clutter</b>            Uno            Kevin on the Keys  <b>Tales &amp; Music w/ Terry</b>            Corn hole  <b>Music &amp; Memory - May</b></p>	<p>15 Salisbury Steak            Music w/ the Gaithers  <b>Karaoke w/ Ray at 10am</b>            Trivia            Walk for Freedom  <b>B*I*N*G*O* historic</b>            Brookstown Inn  <b>Word Scramble w/ Taylor</b></p>	<p>16 Chicken &amp; Rice Casserole  <b>Kindermusik + Video</b>  <b>Ring-A-Lings w/ Jorie</b>            Blurt            Kevin on the Keys            Soundscape w/ Sylvia  <b>This Month in History w/ Taylor</b>            May Painting</p>	<p>17 Tuna Salad            Weekend Outlook            Coffee Break w/ God  <b>Tai Chi w/ Catherine</b>            Pet Therapy w/ Bella  <b>Walk for Freedom</b>  <b>Women in the Bible w/ Cylaria</b>            Afternoon Showing            Shake it Up</p>
<p>20 Baked Spaghetti  <b>Access Dental Care</b>            Weekend Update  <b>Bro. Verlie: Fields White to Harvest</b>            Trivia            Walk for Freedom  <b>Music w/ Steve Tucker</b>            Memorial Day Trivia            Shake it Up</p>	<p>21 Baked Ham            Gospel Good News  <b>Cooking w/ Vicky &amp; Steve</b>            Kevin on the Keys  <b>Sing-a-long w/ Claudia</b>            Name that Theme            Song w/ Taylor            Playful Patterns            Card Games</p>	<p>22 Chopped Sirloin  <b>Dr. Jah/Podiatry</b>            Music w/ the Gaithers  <b>Drumming w/ John</b>              Walk for Freedom  <b>Birthdays w/ Bob &amp; Sandy</b>            Musical Trivia w/ Taylor            Wheel of Fortune</p>	<p>23 BBQ Chicken            Kindermusik  <b>Hymns w/ Vince &amp; Nancy</b>            Kevin on the Keys  <b>Karaoke w/ Humana</b>            Salute to our Military            Trivia</p>	<p>24 Stroganoff w/ Noodles            Weekend Outlook            Coffee Break w/ God  <b>Tai Chi w/ Catherine</b>            Walk for Freedom  <b>Musical Anniversaries w/ Debbie</b>            It's time to plant w/ Cynthia            Word Search</p>
<p>27 Closed</p>	<p>28 Chicken Parmesan            Gospel Good News  <b>Celebrate our Military</b>            Skip-bo            Corn hole            Kevin on the Keys  <b>Tales &amp; Music w/ Terry</b>            Music &amp; Memory            Kickball</p>	<p>29 Chicken &amp; Gravy            Music w/ the Gaithers  <b>Wayne &amp; Freddie</b>            Basketball            Bunco            Walk for Freedom  <b>M is for... May Spelling Bee</b>            Trivia Time            Table Talk            Adult Coloring</p>	<p>30 Smothered Sirloin Steak            Kindermusik  <b>Men's Group For Ladies Only</b>            Kevin on the Keys  <b>Sing-a-long w/ Claudia</b>            Let's Play Family Feud! w/ Taylor            Kickball</p>	<p>31 Chicken Salad            Weekend Outlook            Coffee Break w/ God  <b>Tai Chi w/ Catherine</b>            Pet Therapy w/ Bella  <b>Walk for Freedom</b>  <b>The Lost Island of Roanoke: a mystery</b>            Afternoon matinee            Table Talk</p>