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Elizabeth & Tab Williams Adult Day Center



March 2019

Daily Schedule
 7-10 am....Arrival & Breakfast
 9-10 ... Opening Activities
 10-11:30...Morning Program
 11:30-1pm....Lunch
 1:30-2:30 Afternoon Program
 2:30... Afternoon Snack
 3-4 pm Trans-Aid Departs
 4-6 pm Extended Activities



Mon	Tue	Wed	Thu	Fri
	<p>March Birthdays:</p> <p>Agueda.....3/2 Darryl.....3/2 Lorenzo.....3/9 Gwen.....3/12 Fred P.....3/18 Vincent.....3/19 Birdie.....3/21 Bill Sp.....3/25</p>	<p>Sandy I.....3/26 Sue P.....3/27 Earl G.....3/29 Bill B.....3/30 Bob F.....3/31 Shirley M.....3/31</p> 	 <p>May your blessings outnumber The shamrocks that grow, And may trouble avoid you Wherever you go. Irish Blessing</p>	<p>1 Hot Dog Weekend Outlook Coffee Break w/ God Tai Chi w/ Catherine Pet therapy w/ Bella Walk for Women Who Am I? Women's History Month Special Word Scramble What would you choose?</p>
<p>4 Spaghetti & Meat sauce Weekend Update Bro. Verlie: Fields White to Harvest Wii Bowling Walk for Luck Sing-a-long w/ Claudia Wheel of Fortune Shake it up Uno</p>	<p>5 Hamburger Town Center Podiatry Gospel Good News Men's Group For Ladies Only Uno Kevin on the Keys Top Hits of the 1940's Couch Potato: spud trivia & oddities Comedy Hour</p>	<p>6 Chicken Pot Pie Gaither Gathering Ash Wednesday w/ Mary Card Games Walk for Luck Drumming w/ John Triple Threat: Senior Line Dancers Magical Movement Table Talk</p>	<p>7 Herb Baked Chicken Gospel Morning Kindermusik Cooking with Steve & Vicky Art in the Park Kevin on the Keys Music & Memory: Doris Day Battle of Guilford County</p>	<p>8 Pot Roast Weekend Outlook Coffee Break w/ God Tai Chi w/ Catherine Walk for Luck Sing the Gospel w/ RJ! Animal Interpretations @ 2:30 Table Talk</p> 
<p>11 Chicken Salad Weekend Update Bro. Verlie: Fields White to Harvest Corn Hole Walk for Luck Bark Point Ramblers Weightlifting Picture Puzzles</p>	<p>12 Meatballs & Gravy Gospel Good News Sign Language w/ Susie Art in the Park Kevin on the Keys Tales & Music w/ Terry What are your Roots? Lucky Leprechaun Craft</p> 	<p>13 Hot Dog Gaither Gathering Wayne & Freddie Adult Coloring Walk for Luck Music w/ Bob & Sandy Singing Seniors @ 2:30 Pastor Maurice visits Magical Movement</p>	<p>14 Teriyaki Chicken Gospel Morning Kindermusik Brown Mountain Music w/ Kendra Kevin on the Keys Ring-a-Lings w/ Jorie Who are the Irish? St. Patrick craft</p> 	<p>15 Beef BBQ Sandwich Weekend Outlook Coffee Break w/ God Tai Chi w/ Catherine Pet therapy w/ Bella Walk for Luck The Elmer Dunn Band EZ Irish Jig w/ Taylor Kickball</p>
<p>18 Meatloaf WEAR GREEN Weekend Update Bro. Verlie: Fields White to Harvest St. Patrick's Trivia Walk for Luck St. Patrick's Day fun, music & blessings March Madness: Bracket Challenge</p>	<p>19 Oven Roasted Chicken Gospel Good News Music of Willie & Judy Kevin on the Keys America: The Story of Us 4 Music & Memory: Spring Fling Wii Bowling Adult Coloring</p>	<p>20 Glazed Baked Ham Gaither Gathering Carol & Friends Uno Walk into Spring  March Spelling Bee Magical Movement Kickball Puzzletime</p>	<p>21 Turkey Tetrizzini Gospel Morning Kindermusik Ring-a-Lings w/ Jorie Playful Pattern Building Kevin on the Keys ABC'S of Spring Afternoon Matinee Umbrella Art</p> 	<p>22 Pot Roast Weekend Outlook Coffee Break w/ God Tai Chi w/ Catherine Walk into Spring Musical Anniversaries w/ Debbie Seasons Greetings: springtime flowers Comedy hour</p>
<p>25 Hamburger Weekend Update Bro. Verlie: Fields White to Harvest Table Top Corn Hole Walk for Women Women's History: a Celebration Shake it up Wheel of Fortune</p>	<p>26 Baked Spaghetti Gospel Good News Antique Roadshow Wii Bowling Kevin on the Keys Tales & Music w/ Terry Music & Memory: Ray Charles</p> 	<p>27 Beef Pot Pie Gaither Gathering Karaoke w/ Ray Picture Puzzles Walk in Spring Birthdays w/ Bob & Sandy Wii Bowling Magical Movement Kickball</p> 	<p>28 Carved Turkey Gospel Morning Kindermusik Sara's Surprise Spring flower making Kevin on the Keys Sing-a-long w/ Claudia What are your Roots? Picture Puzzles</p>	<p>29 Beef BBQ Sandwich Weekend Outlook Coffee Break w/ God Tai Chi w/ Catherine Pet therapy w/ Bella Walk for Women Ladies In & Of Music Internet Slang w/ Cylaria Wheel of Fortune</p>