

Sylvia Martin
 Program Coordinator
 Cynthia Becker
 Asst. Program Coordinator
 231 Melrose Street
 Winston-Salem, NC 27103
 Phone# 336-724-2155
 Fax# 339-748-2170
 smartin@seniorservicesinc.org
 cbecker@seniorservicesinc.org

Elizabeth & Tab Williams Adult Day Center

Daily Schedule
 7-10 am.....Arrival & Breakfast
 9-10 am.....Opening Activities
 10-1130 am....Morning Program
 11:30-1pm.....Lunch
 1:30-2:30pm..Afternoon Program
 3-4 pm.....Trans Aid Pick Ups



December 2018



Mon	Tue	Wed	Thu	Fri
 HAPPY HANUKKAH		Santa Shop  12-3 thru 12-14		Foot Clinic  Dec. 4th @ 9:00am <i>Dr. Jah of Town Central Podiatry</i>
3 Stroganoff <i>Weekend Recap</i> Bro. Verlie: Fields White to Harvest Puzzle Time <i>Walking to Christmas</i> Happy Hanukkah <i>Music & Memory</i> 	4 Mac & Beef <i>Gospel Christmas Morning</i> Holiday Trivia Treble Makers @ 11:00 <i>Kevin on the Keys</i> Christmas Crayon Molds w/ Taylor <i>Pet Therapy w/ Ginger</i>	5 Meatloaf Wayne & Freddie <i>Gumdrop Tree w/ Vicky</i> <i>Walking to Christmas</i> Songs w/ Grace & Friends <i>Triple Threat Senior Line Dancers @ 2:30</i> Table Talk	6 Pork Tips <i>Kindermusik</i> Miracle on 34th Street <i>Christmas Art</i> <i>Kevin on the Keys</i> Sing-a-Long w/ Claudia <i>Wheel of Fortune</i> 	7 Hot Dog <i>Coffee Break w/ God</i> <i>Tai Chi w/Catherine</i> Christmas w/ Central YMCA @ 11:00 <i>Walking to Christmas</i> Music w/ WS Community Band <i>Afternoon Video</i>
10 Spaghetti <i>Weekend Recap</i> Bro. Verlie: Fields White to Harvest <i>Walking to Christmas</i> Drumming w/ John <i>Christmas Karaoke w/ Cynthia & Sara</i> Table Talk	11 Hamburger Reynolds Employees Visit @ 11:00 <i>Men's Group For Ladies Only</i> Salem Baptist Christian Choir @12:45 <i>Tall Tales & Music w/ Terry</i> Puzzle Time	12 Chicken Pot Pie <i>Gaither Gathering</i> Music w/ Carol & Fran <i>Christmas Candy w/ Vicky</i> <i>Walking to Christmas</i> Music w/ Bob & Sandy <i>Pastor Maurice @ 2:00</i>	13 Baked Chicken <i>Kindermusik</i> Bells w/ Jorie <i>Wii Bowling</i> <i>Kevin on the Keys</i> Christmas Swags w/ Lee @ 1:30 <i>Holiday Video</i> Adult Coloring 	14 Pot Roast <i>Coffee Break w/ God</i> Tai Chi w/ Catherine <i>Trivia</i> <i>Walking to Christmas</i> Christmas w/ the Bark Point Ramblers <i>Puzzle Time</i>
17 Chicken Salad Bro. Verlie: Fields White to Harvest <i>Walking to Christmas</i> Christmas Sing-a-Long w/ Claudia <i>Ashley Middle School Students Visit @ 3:30</i> Table Talk	18 Meatballs & Gravy <i>Cooking w/ Vicky & Steve</i> <i>Apple Cinnamon</i> <i>Christmas Ornaments</i> <i>Kevin on the Keys</i> Taste Test <i>w/ Vicky & Cynthia</i> Piedmont Suzuki Players @ 3:15 	19 Hot Dog Christmas Around the World w/ Johnsie <i>Corn Hole Toss</i> <i>Walking to Christmas</i> B*I*N*G*O w/ Hampton Inn University <i>Dec. Spelling Bee</i>	20 Teriyaki Chicken <i>Kindermusik</i> Bells w/ Jorie <i>Card Games</i> <i>Kevin on the Keys</i> Holiday Songs w/ Debbie <i>Wheel of Fortune</i>	21 Beef BBQ Sand. Wear Your "Santa Hat" Day  <i>Coffee Break w/ God</i> Tai Chi w/ Catherine <i>Trivia</i> <i>Walking to Christmas</i> Christmas Music w/ W-S Community Band
24 CLOSED 	25 CLOSED 	26 Baked Ham <i>Gaither Gathering</i> Happy Kwanzaa  <i>Wii Bowling</i> <i>Walking to the New Year</i> Dec. Birthdays w/ Bob & Sandy <i>Wheel of Fortune</i>	27 Turkey Tetrazzini <i>Kindermusik</i> Hymns w/ Vince & Nancy <i>Kevin on the Keys</i> Afternoon Fun w/ Kathy <i>Wii Bowling</i> Table Talk	28 Pot Roast <i>Coffee Break w/ God</i> Tai Chi w/ Catherine <i>Trivia</i> <i>Walking to the New Year</i> Musical Anniversaries w/ Debbie <i>Afternoon Video</i>
31 Hamburger <i>Weekend Recap</i> Bro. Verlie: Fields White to Harvest <i>Walking to the New Year</i> Toast to the New Year w/ Cynthia <i>Shake-it-Up w/Cylaria</i> 		Happy Kwanzaa 	December Irene.....12/1 Fred B.....12/5 Cecil.....12/5 Vera.....12/5 Esther.....12/12	Birthdays Ron M.....12/22 Peggy H....12/24 Lynette.....12/31 Geneva P .12/31 Tom T.....12/31